

2018 Chinese New Year Meet – Year of the Dog

Call To Meet



JANUARY 25TH – 28TH, 2018
HOSTED BY GYMNASTICS ENERGY



HOST CLUB	Gymnastics Energy 333 Ontario Street St. Catharines ON L2R 5L3 905 685-9248 www.gymnasticsenergy.ca
MEET DIRECTOR	Amy Cranch 905 685-9248 E-mail: meetdirector.energy@gmail.com
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : (647) 344-5137 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION VENUE	Host Club
REGULATIONS	<p>As per the Gymnastics Ontario Technical Rules and Regulations Manual</p> <p>Warm Up Format: Option 2</p> <p>Music: Music can be in submitted in mp3 format or by an external mp3 device (ie. iPod). All music must be clearly labelled on device. For Level 1-5, the compulsory music (all three versions) will be provided by host club.</p> <p>Awards: For Events and All Around (1st to 3rd Medals, 4th to 12th Ribbons). No Bumping of places for ties.</p>
REGISTRATION	Registration Deadline: November 22nd, 2017. Fees: Level 1- 10: \$90.00 ODP: \$70.00 Coaches: \$10.00 Method of Payment: Please submit registration fees by cheque (payable to Gymnastics Energy) with registration form to our club address. Level Changes: The final day for all level changes will be <u>December 6th, 2017.</u> Refunds: Refunds will be granted until <u>December 31st, 2017,</u> after which time no refunds will be given for <u>any reason.</u>
EQUIPMENT	SA Sport

	<p>Please Note: - Vault landing is a pit landing</p>
<p>MEDICAL</p>	<p>First Aid Certified Personnel On-Site.</p> <p><u>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.</u> Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</p>
<p>COACH REQUIREMENTS</p>	<p>Provincial Coaches must be fully certified <u>NCCP Level 2 Women’s Artistic/ Competition Introduction 1 (Trained)</u> and have up to date <u>Risk Management certification (Part A: Risk Management & Part B: Respect in Sport)</u> to be eligible for the competition floor.</p> <p>National Coaches must have their NCCP Level 3 Theory and Technical (minimum) in addition to their NCCP Level 2 certifications.</p> <p>In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating the coach has the minimum certification above for verification. The host club registration desk will have this form available. For replacement Ids contact Education Coordinator education@gymnasticsontario.ca to discuss options of acquiring a replacement ID or an exemption.</p>
<p>ACCOMMODATION</p>	<p>Holiday Inn St. Catharines 327 Ontario St. St. Catharines, ON. L2R 5L3 Room Rate: \$129.00</p> <p>Best Western St. Catharines 2 North Service Rd St. Catharines, ON. L2N 4G9 Room Rate: \$119.00</p> <p>Days Inn St. Catharines 89 Meadowvale Dr. St. Catharines, ON. L2N 3Z8 Room Rate: \$99.00</p> <p>Please call 1-877-688-2324, press the extension for the hotel you wish to book at, and identify that you are with Gymnastics Energy!</p> <p>The participants must pay for their accommodation costs.</p>

ADMISSIONS	Admission Fees		1 Day	2 Days	3 Days
	Adult (16 years of age and older)		\$8	\$14	\$20
	Student (11 to 15 years of age)		\$5	\$8	\$11
	Senior (55 years of age and older)		\$5	\$8	\$11
	Child (10 years of age or younger)		\$3	\$5	\$7
	Family (2 Adults and 2 Students/Children)		\$20	\$35	\$50
	All Athletes competing in the Invitational are not required to pay an admission fee throughout the weekend.				
ADDITIONAL INFORMATION	<p>Competition Schedule</p> <ul style="list-style-type: none"> - ODP will compete on Thursday, January 25th, 2018 - Level 1-5 athletes will compete on Thursday, January 25th, 2018 and Friday, January 26th, 2018 - Level 6-10 athletes will compete on Saturday, January 27th, 2018 and Sunday, January 28th, 2018 <p>Directions to Competition Site:</p> <p><i>From Niagara:</i> Exit the QEW at Ontario Street and turn right to go over the bridge. #333 Ontario Street will be on your right, just before the Holiday Inn (same plaza as Sky Zone & Tim Hortons).</p> <p><i>From Toronto:</i> Exit the QEW at Ontario Street and turn right. #333 Ontario Street will be on your right, just before the Holiday Inn (Same plaza as Sky Zone & Tim Hortons).</p>				